

# There's no place like home.



Lisa Helm, FNP  
Family Nurse Practitioner

When it comes to your health, there's no place like home. And friends to care for you.

That's why you'll be pleased to know that an old friend, **Lisa Helm, FNP**, has returned to our Shelby clinic. She was away for two years to serve in the Peace Corps.

Lisa knows the community. She knows what it takes to help you and your family get – and stay – healthy.

Why not call Lisa for your next check-up?

It will be just like calling home.



**NORTHWEST MICHIGAN**  
Health Services Inc

119 S. State Street in Shelby

**231-861-2130**

Our grey-sided building is conveniently located on State St., across from the Mercy Health Lakeshore Campus.

There is ample parking on the north side of the health center.

We accept most insurance, Medicare, and Medicaid for children and adults.

Visit us anytime at [www.nmhsi.org](http://www.nmhsi.org).